



# CAPPA Approved Labor Doula and Childbirth Educator Training

**Presented by Sweet Miracles, Louise E. DeLaney, CCCE, CLD, CLE,  
CAPPA Executive Director of Childbirth Education Programs**

Coming to the  
Salem, OR Area!

Experience the  
CAPPA difference!



September 15-18, 2011  
8:30 AM to 6:00 PM

Cost –  
\$425 for CBE only training  
\$650 for combo

Ask about discounts for nursing  
students.

Contact: Louise DeLaney  
Phone: 816-820-3958  
E-mail: [sweetmiraclesdoula@gmail.com](mailto:sweetmiraclesdoula@gmail.com)

Now is a great time to become a doula and/or childbirth educator. This workshop is a major step in the CAPPA certification process. Here's a sample of what you'll learn:

#### Doulas:

- Labor Support Strategies for Un-Medicated & Medicated Mothers
- Understanding Interventions, Hospital Procedures, & Informed Consent
- Maximizing Prenatals & Postpartums
- Effective Advocacy & Communication Skills
- Planning a Successful Start for your Doula Business
- Marketing, Networking, & Working in the Doula Community
- Insurance Reimbursement, Creating Contracts, & Business Practices
- Much, much more!

#### Childbirth Educators:

- Roles of Childbirth Educator
- History of Childbirth Education
- Cultural influences of Childbirth Educator
- Stages and Phases of Normal Labor
- Comfort Measures
- Postpartum and Breastfeeding
- Medical Interventions
- Cesareans and VBAC's
- Proper use of media in classroom
- Adult principles of learning
- Evidence based teaching practices (overview of reviewing and understanding research)
- Curriculum development
- Marketing

CBE Portion only: September 15-17, 2011  
Combo training: September 15-18, 2011

Cash, Checks, & PayPal all accepted! Payment plans and student discounts are available.

Please visit: [www.cappa.net](http://www.cappa.net) or [www.sweetmiraclesdoula.com](http://www.sweetmiraclesdoula.com) for more information!